



REDHILL & REIGATE MARLINS SWIMMING CLUB

Dear

Welcome to Redhill and Reigate Marlins Swimming Club. We hope you will have an enjoyable and happy time as a member of our club, and that you make many new friends and enjoy training and if selected, competing with us. Your parents have been given a letter, which includes details of your training times. This letter is to give you some additional information you may find helpful now or in the future.

Coaching

We, as an ASA accredited Swim21 club are committed to help you to enjoy your training, learn to train hard and to achieve your full potential. The coach and teachers are here to help you do that and have been trained to do so in a safe and proper manner. You should soon get to know your coach and if you have any concerns about training do talk to your coach and your parents.

Safeguarding

You may wonder what we mean by Safeguarding. Basically alongside our wish for you to enjoy and succeed at your swimming, we want to ensure you are safe and happy in the club and that we act upon anything that prevents that. That is what we call safeguarding our members. You may ask what am I being safeguarded from?

So by way of an example we want to make sure you are not being:

- Bullied
- Treated differently to others
- Hurt by another person on purpose
- Ignored

Preventing such behaviour is very important to us as a club and to achieve that we have a safeguarding policy called Wavepower. If you want to have a look at Wavepower the club Welfare Officer has a copy or it can be viewed and downloaded from the club website. Wavepower has a section (Section 5) specifically for swimmers.

We know any bullying or poor behaviour towards you would make you feel unhappy, so please do not feel you have to just put up with it. While we will do all we can to prevent anything happening it is important if something or someone causes you to be unhappy you must tell someone. Tell your parent, your coach, the Club Welfare Officer. Club captain or any other adult you feel happy to speak to. Any issues you raise WILL be dealt with.

To assist you here are some helpful details of how you can raise concerns:

- Tell your coach / teacher / Club Captain and your parents.
- Your club Welfare Officer is Tracey Howes. She can be contacted on welfare@marlinsswimmingclub.co.uk or you can ask a member of the committee to call her for you and she will call you straight back. She will deal with any concerns you have. You could also ask a club captain if you prefer.
- The ASA also have a helpline called Swimline if you want to tell someone, but not anyone in the club. The number is 0808 100 4001. You will be asked to leave a number at which you can be contacted in the next

24 hours. If you feel you cannot wait that long for someone to talk to you hang on and you will be put through to the NCPCC / Child Line helpline number who will answer your call immediately.

- Child Power is an ASA section of the ASA website just for young people. It has a message link that you can send a concern in writing to the ASA Safeguarding Team who will then help you with whatever issue you have raised.
- There is a link to the Child Power Leaflet. You can use the Your Voice section to put down your concern in writing and give to a parent or trusted adult in the club if you can't tell anyone directly.

Codes of conduct

Just as we expect others to behave properly to you we expect you and all our swimmers to behave in an appropriate manner to their coaches, all club helpers, fellow swimmers and all adults and young people you have contact with in training and at competitions. We have a code of conduct that you and your parents will be asked to sign and return to the club. If you are unsure about any aspect of the code of conduct please feel free to ask.

We hope you will have a very happy and successful time as a member of Redhill and Reigate Marlins Swimming Club and do come and talk to me if you want to at any time.

Yours sincerely

Mark Mendoza

Club Chairman
Redhill and Reigate Marlins Swimming Club

Club Website: www.marlinsswimmingclub.co.uk
Club Email: chairman@marlinsswimmingclub.co.uk